



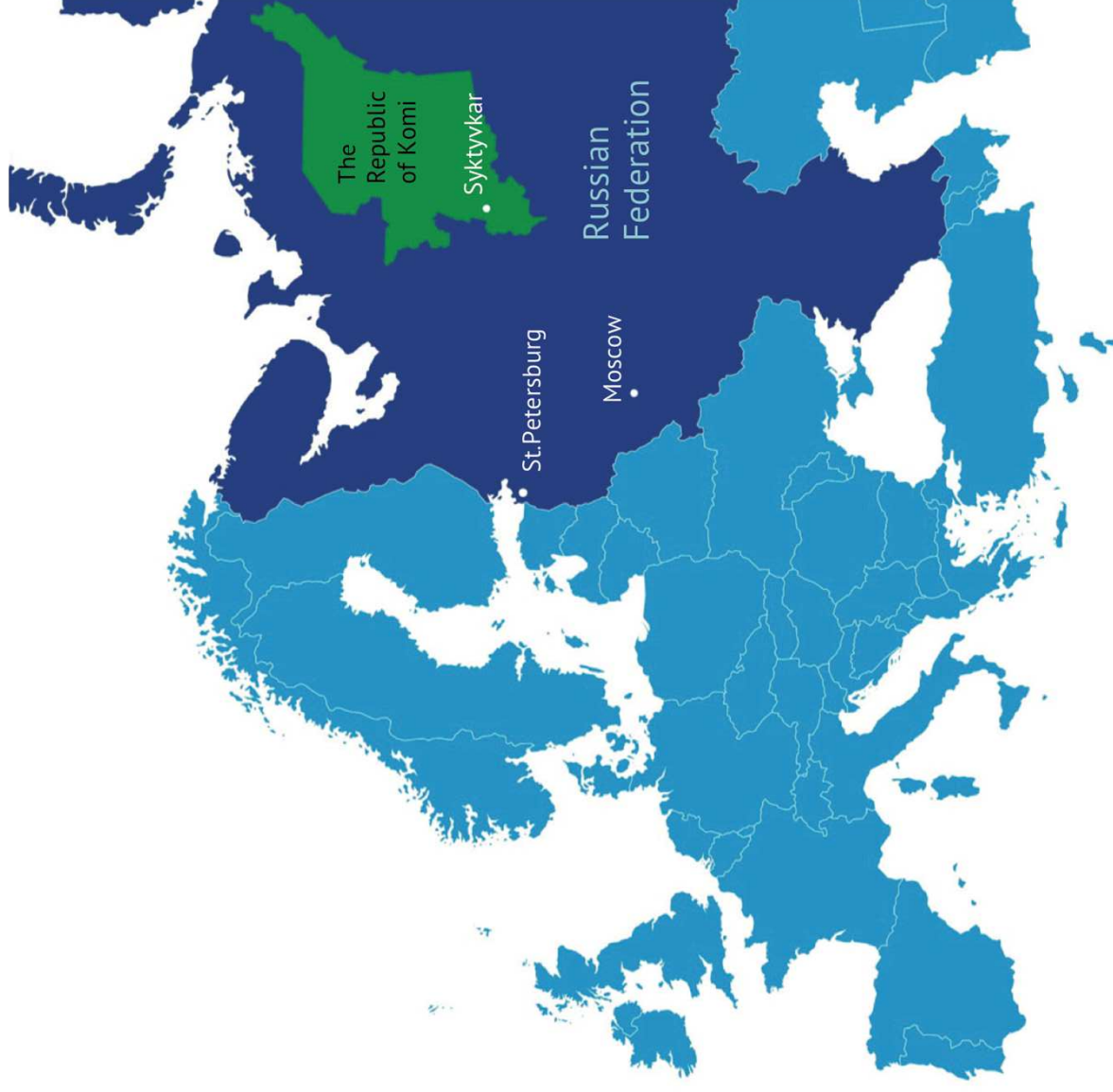
SYKTYVKAR
2015 REPUBLIC OF KOMI RUSSIA





The Republic of Komi

[The Komi Republic](#) is situated in the north-east of European Russia stretching across a vast area with the population of approximately one million people. The republic is located in the subarctic and taiga climate zones. The climate is characterized by long and frosty winters with an average winter temperature ranging from -17 – 26°C .



Project leaders



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of the Republic of Komi



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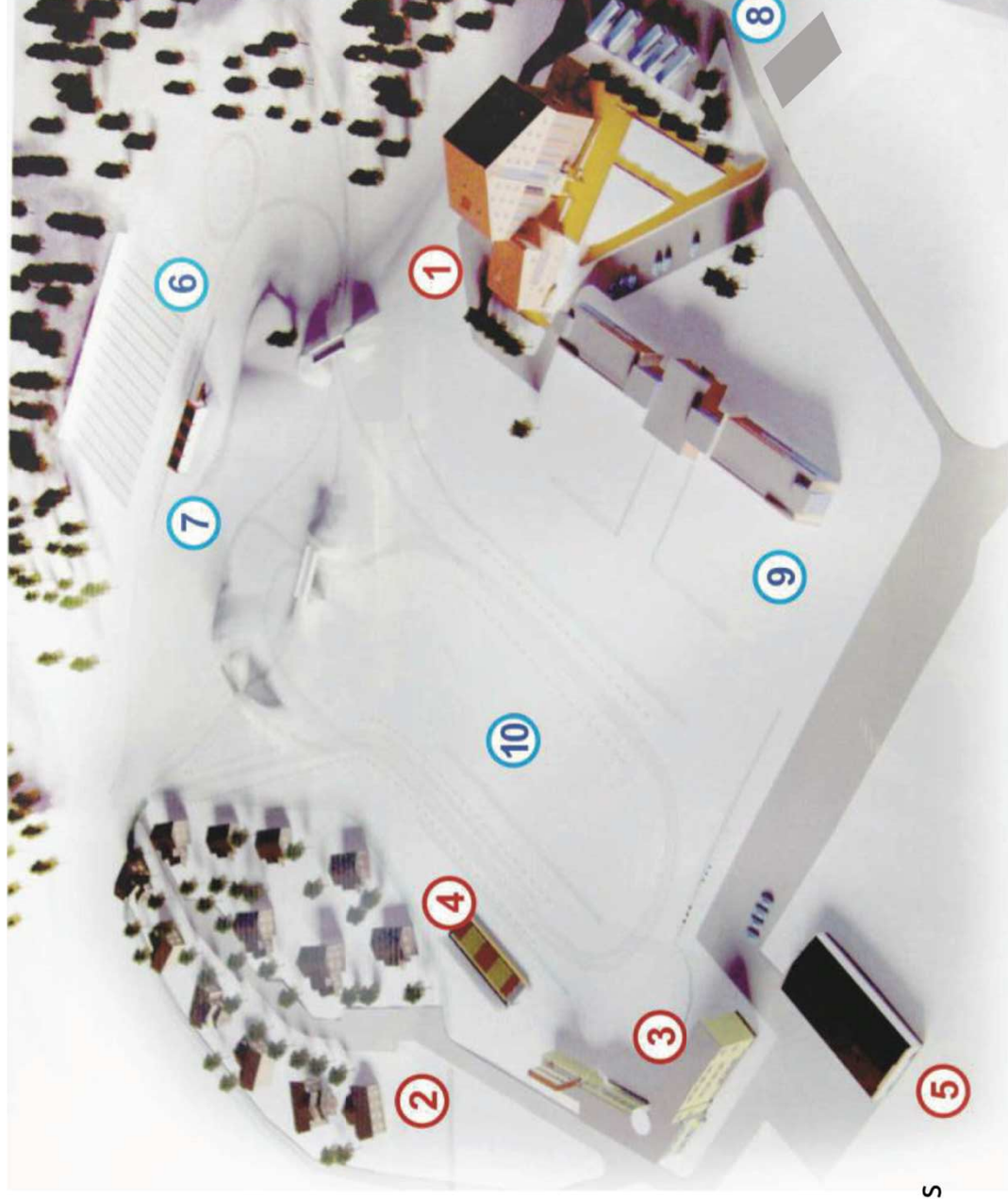
Valeriya Belousova
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This slide shows a map of the ski complex: the hotel complex, cottage village, judges pavilions, participants pavilions and spectators area for 300 places.

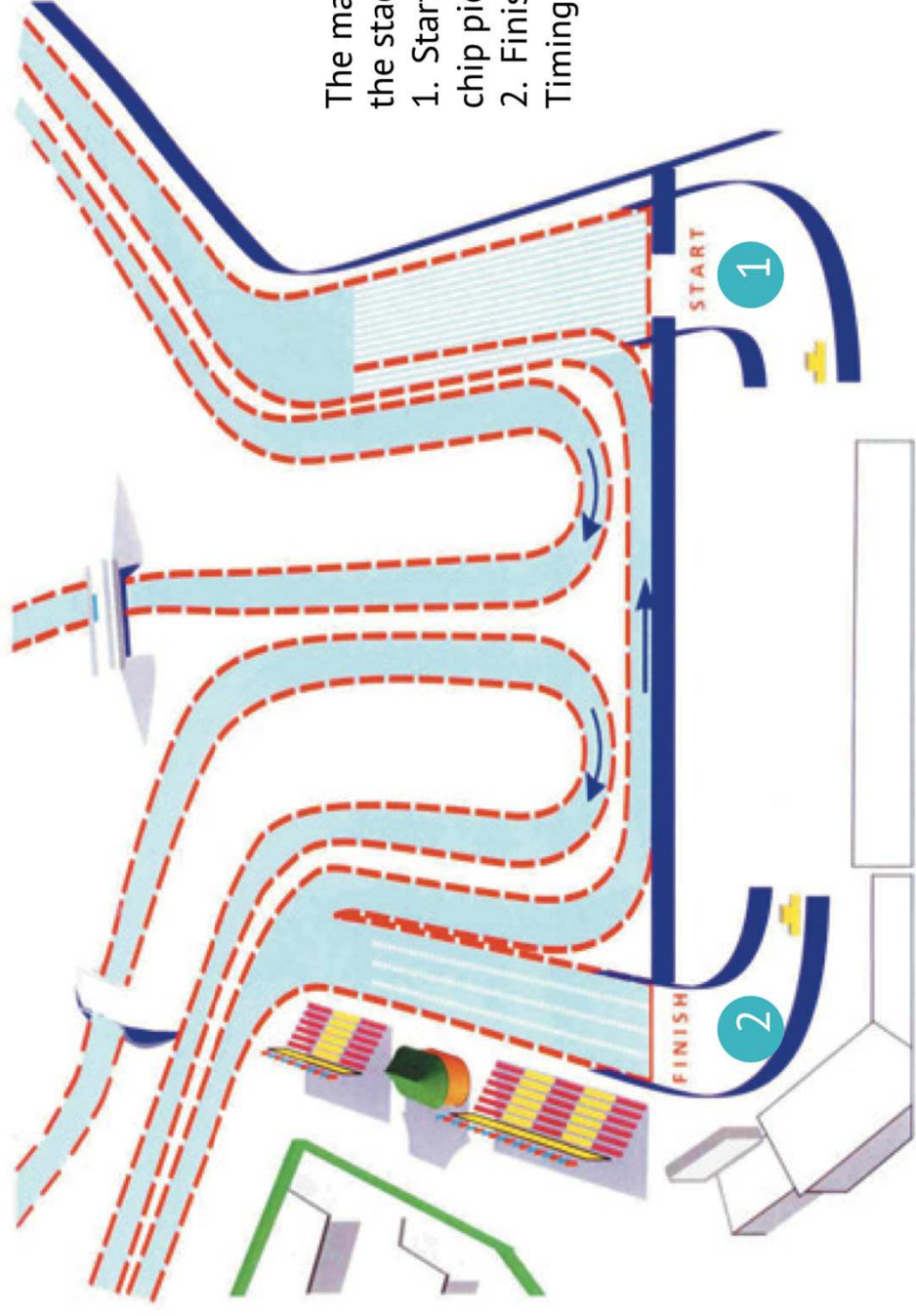
The pavilion for athletes has a conference hall for 80 people, a meeting room, workout facilities, a health center, a café, changing rooms and facilities for ski preparation.

- 1) Hotel, restaurant
- 2) Cottage village
- 3) Pavillion for judges
- 4) Tribunes for 300 seats
- 5) Garage
- 6) Biathlon shooting range
- 7) Pavillion for judges and tribunes
- 8) Accreditation and awards ceremony pavillion
- 9) Pavillion for competitors
- 10) Starting module



Accreditation and awards ceremony pavillion





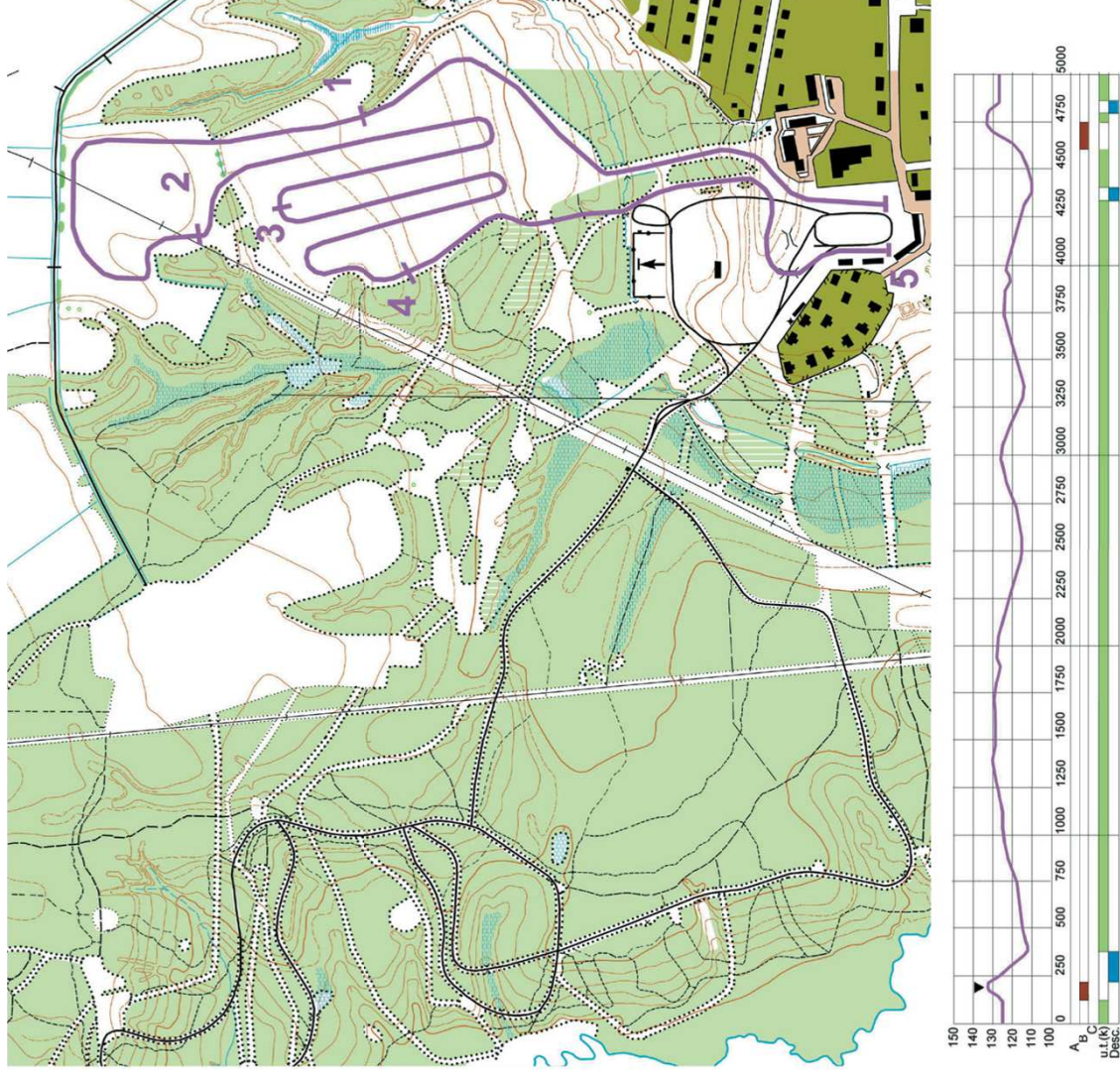
The map of the stadium.

1. Start Line Timing chip pick-up
2. Finish Line Timing chip removal

General outlay of the stadium

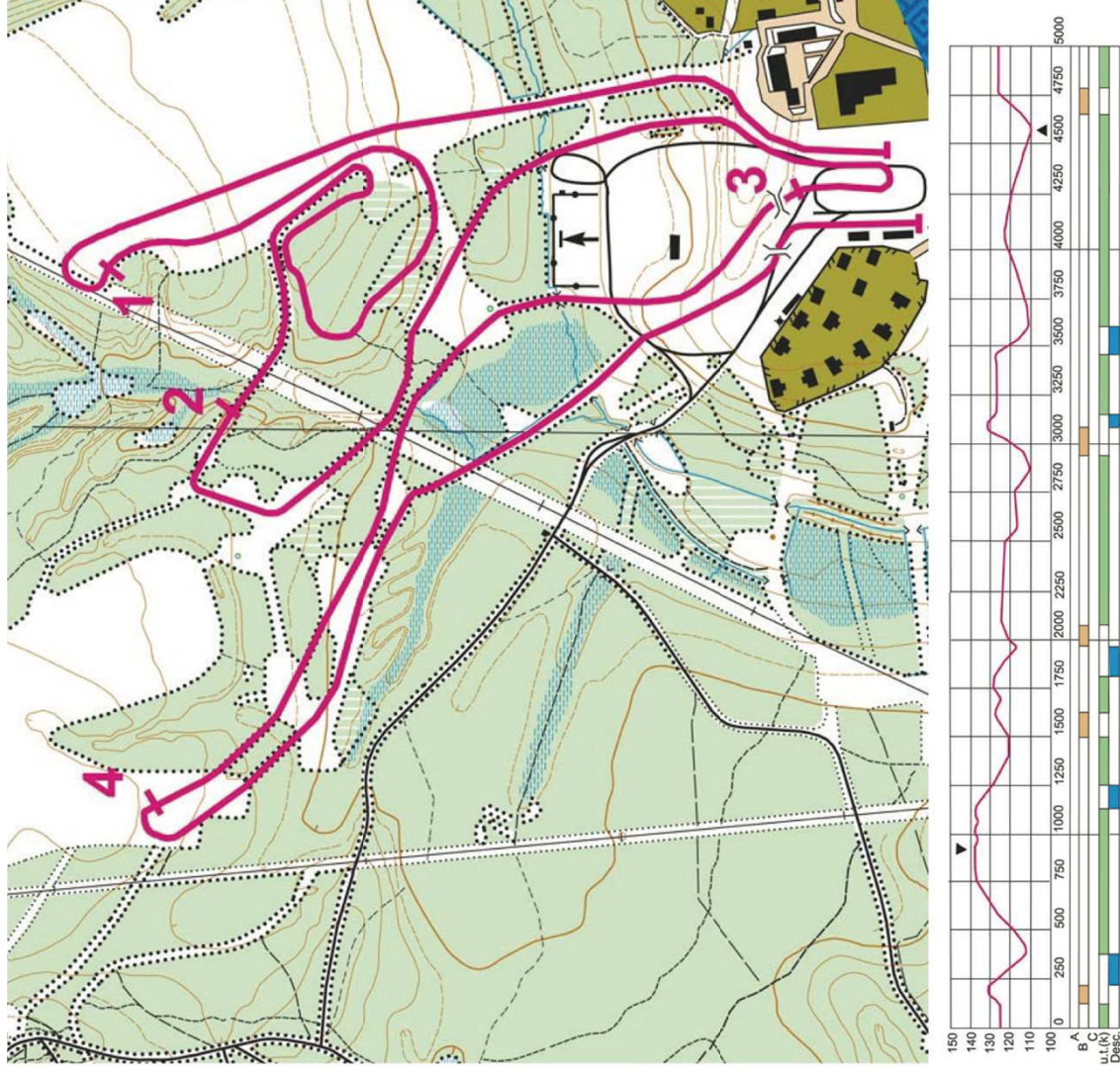
Options of ski
distances:
5 km classic and
freestyle, freestyle
relay.

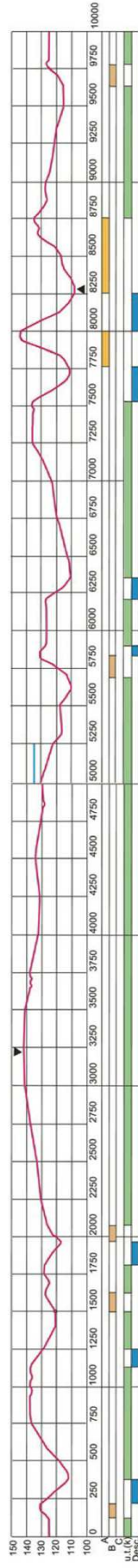
Trail Length	5020
Category	m
Altitude Difference	D
Maximum Ascent	22 m
Distance	23 m
Total Ascent Distance	116 m
Maximum Altitude	132 m
Minimum Altitude	110 m



Options of ski distances:
5 km classic and freestyle, freestyle relay.

Trail Length	5022
Category	m
Altitude Difference	D
Maximum Ascent	22 m
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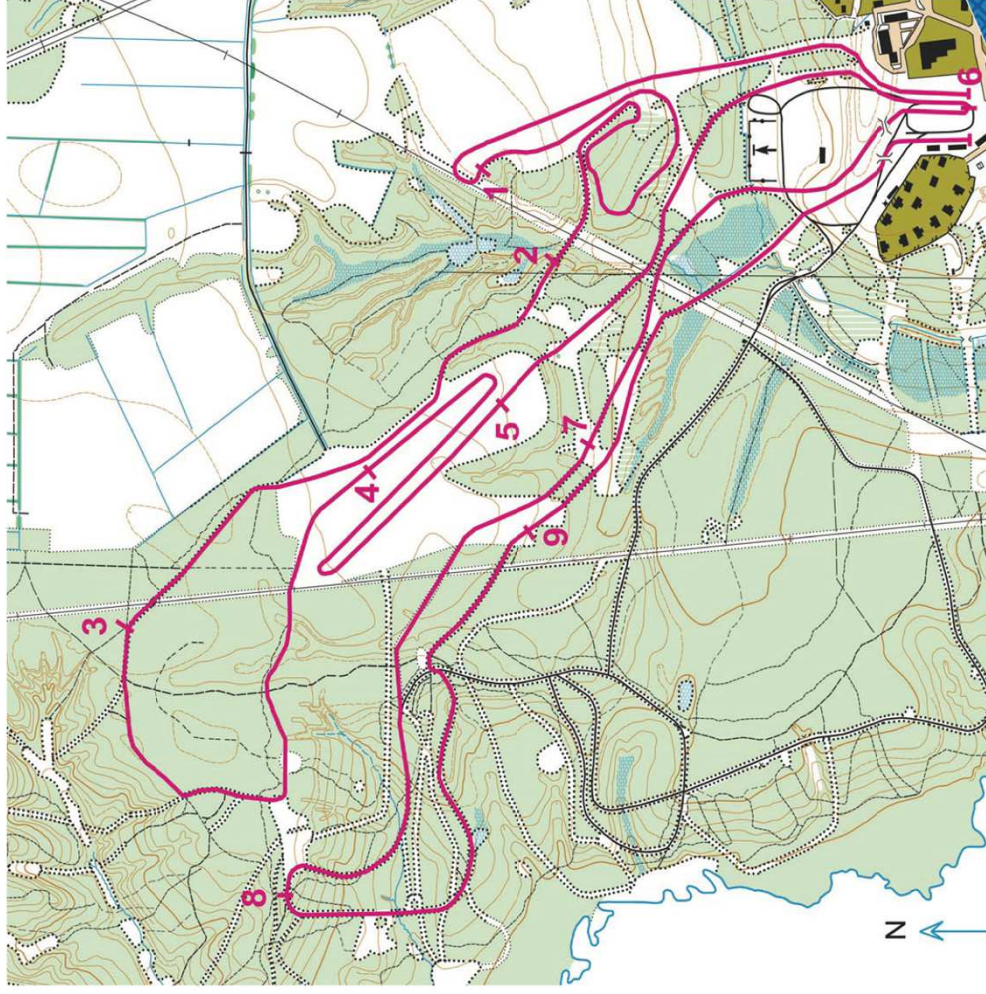


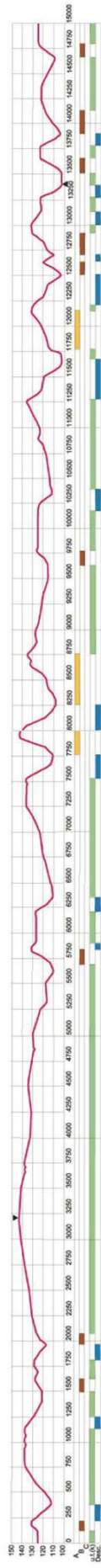


The course scheme with height differences, category D

Options of ski distances: 10 km classic and freestyle.

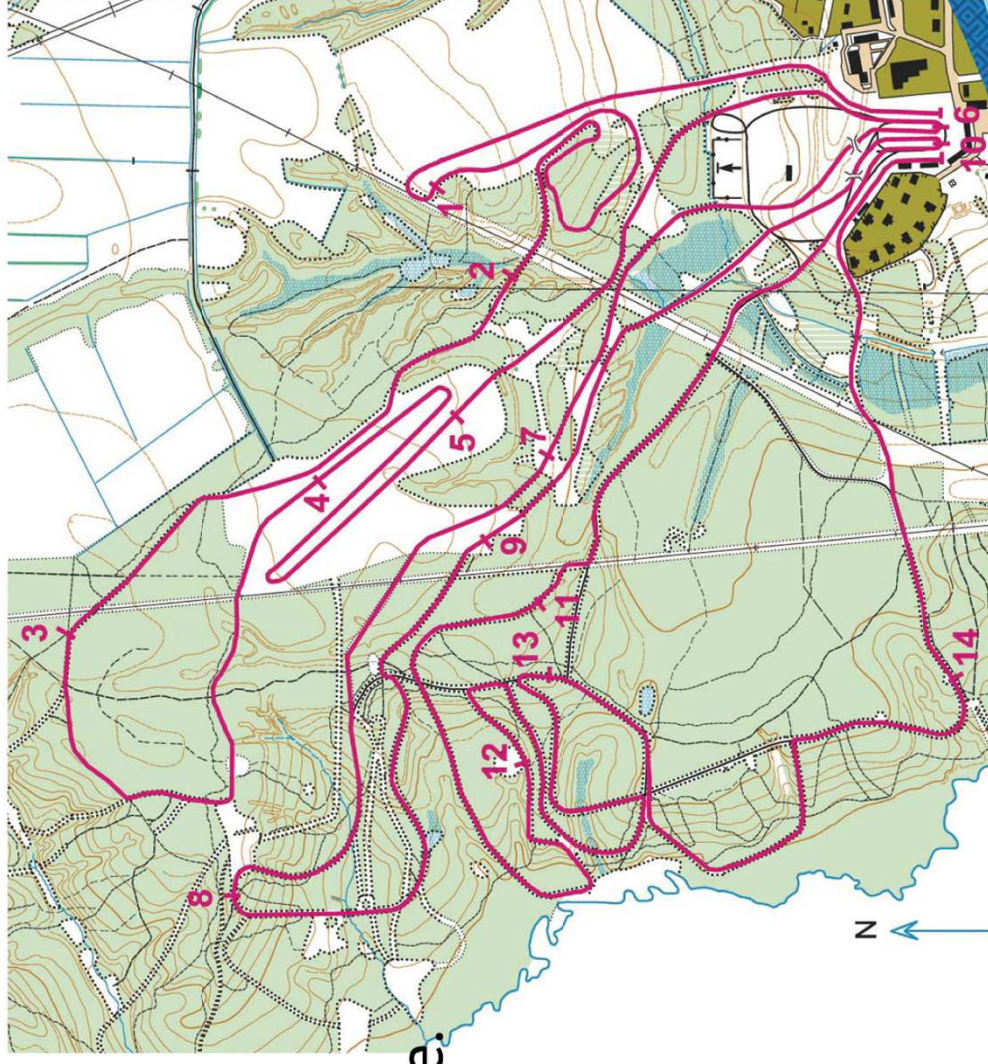
Trail Length	10060 m
Category	D
Altitude Difference	33 m
Maximum Ascent	32 m
Distance	210 m
Total Ascent Distance	141 m
Maximum Altitude	108 m
Minimum Altitude	





The course scheme with height differences, category D

Options of ski distances: 15 km classic and freestyle.



Trail Length	15020 m
Category	D
Altitude Difference	36 m
Maximum Ascent	32 m
Distance	353 m
Total Ascent Distance	141 m
Maximum Altitude	105 m
Minimum Altitude	



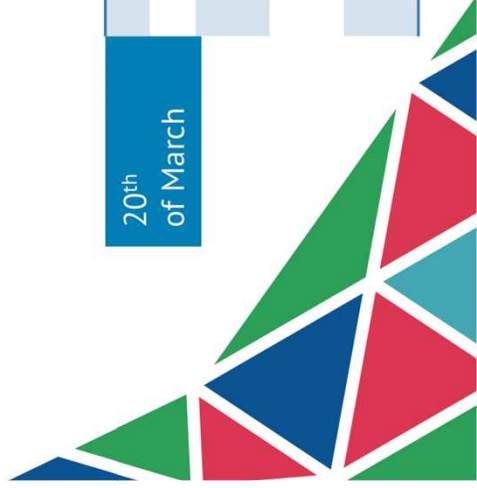
Program of the Masters World Cup 2015

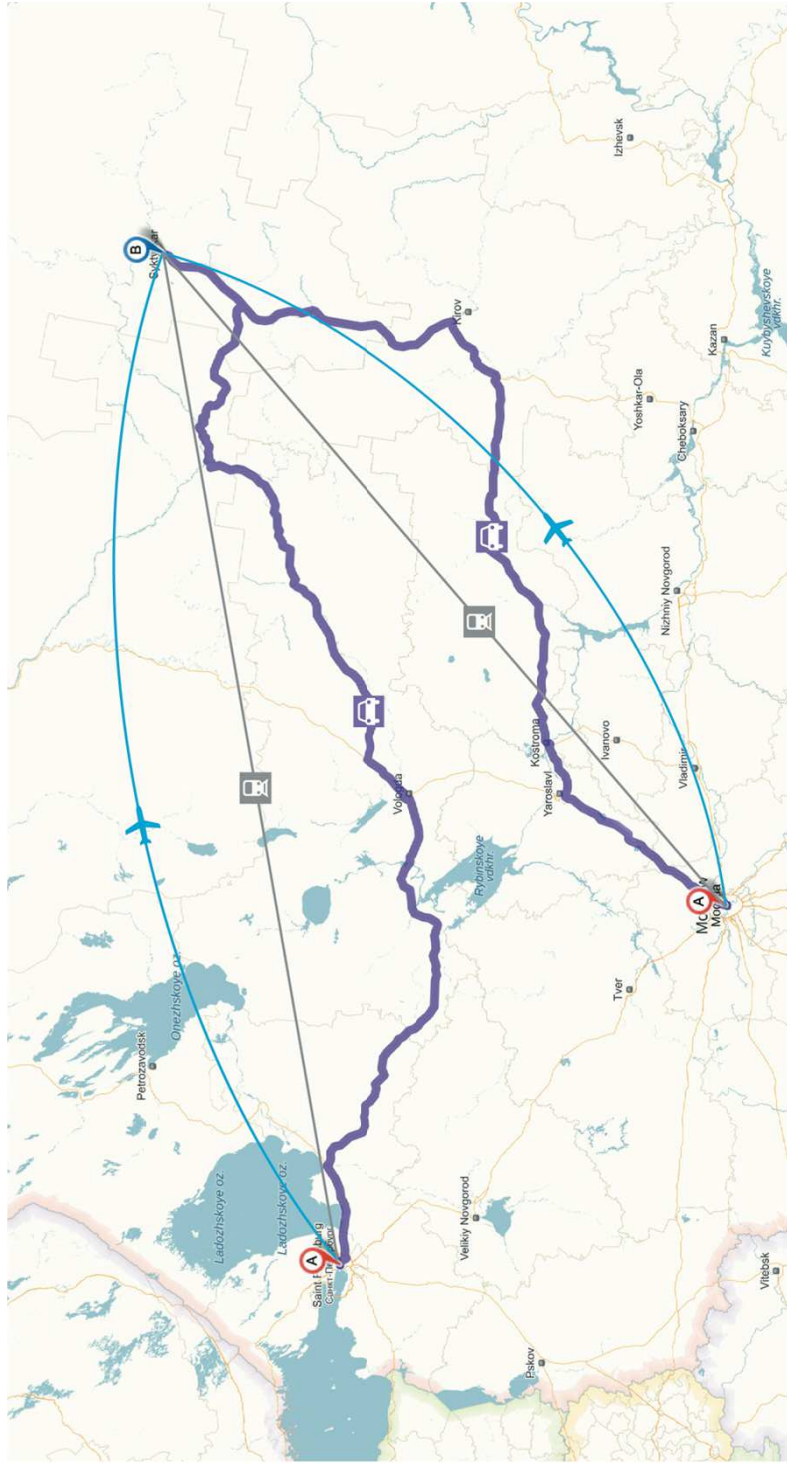
11 th – 12 th of March	13 th of March	14 th of March	TCM, Awards ceremony
Arrival, registration, accreditation, track testing	Official training, opening ceremony, Team Captains' Meeting	30 km (2 x 15 km) 15 km 15 km 10 km 10 km	free technique M 01 – 06 free technique M 07 – 09 free technique F 01 – 08 free technique M 10 – 12 free technique F 09 – 12

15 th of March	16 th of March	Awards ceremony
30 km (2 x 15 km) 15 km 15 km 10 km 10 km	5 km 10 km 5 km 10 km 5 km 10 km 5 km 10 km	F 09 – 12 F 01 – 08 M 10 – 12 M 01 – 09 M 01 – 09 F 01 – 08 M 10 – 12 F 09 – 12
TCM, Awards ceremony		

17 th of March	18 th of March	19 th of March	TCM, Awards ceremony
Rest Day, trips	Relays 4 x 5 km (leg 1, 2 – classic, leg 3, 4 – free technique) Men and Women TCM, Awards ceremony	45 km (3 x 15 km) 30 km (2 x 15 km) 30 km (2 x 15 km) 15 km 15 km	free technique M 01 – 06 free technique M 07 – 09 free technique F 01 – 08 free technique M 10 – 12 free technique F 09 – 12

20 th of March	21 th of March	Departure
15 km 15 km 45 km (3 x 15 km) 30 km (2 x 15 km) 30 km (2 x 15 km)	classic technique M 10 – 12 classic technique F 09 – 12 classic technique M 01 – 06 classic technique M 07 – 09 classic technique F 01 – 08	Awards ceremony, banquet Departure





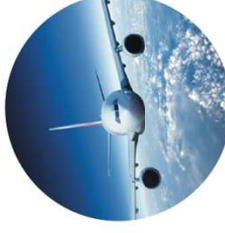
How to get to Syktyvkar?



Car



Train



Airplane



Shuttles

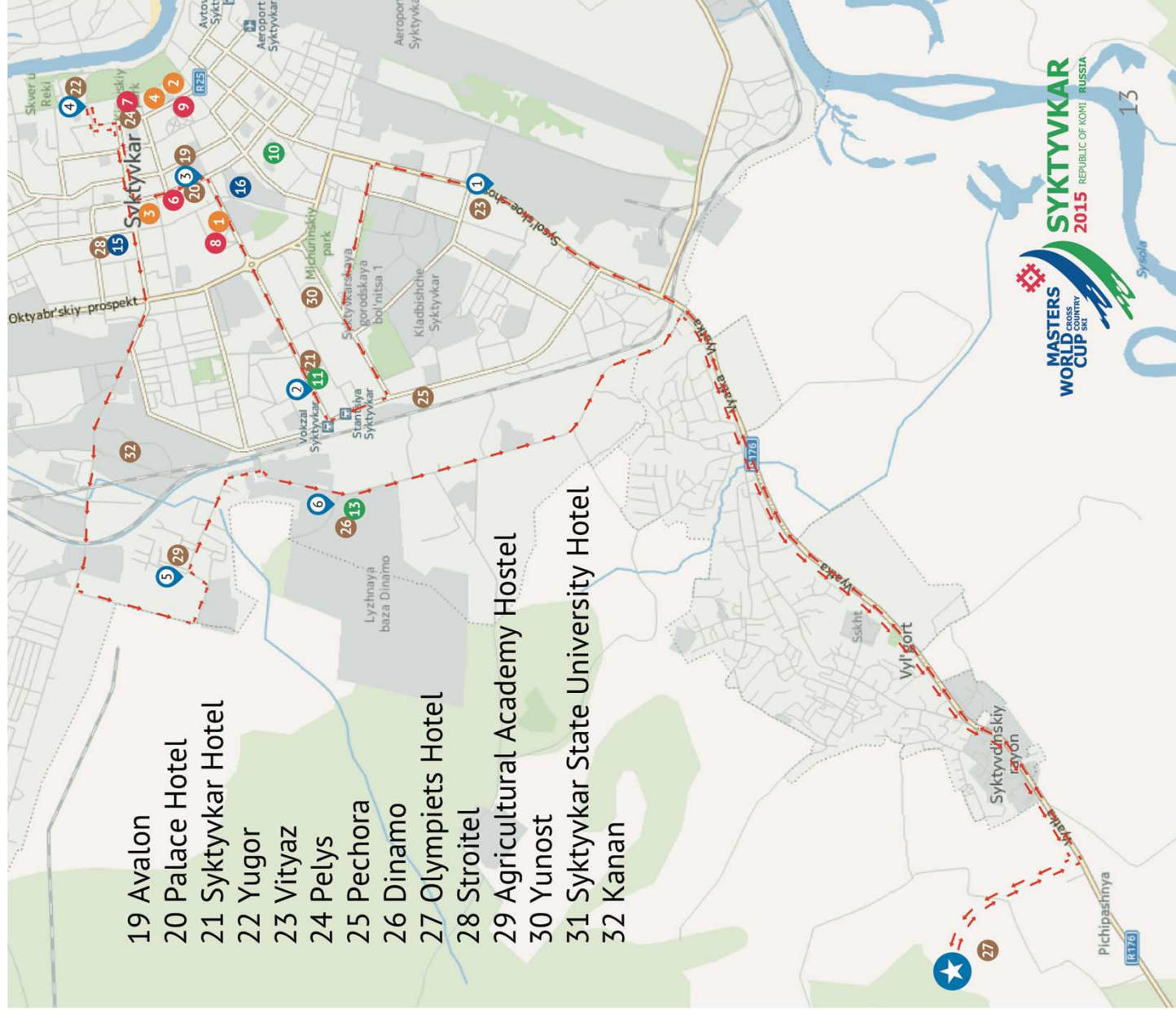
During MWC 2015 you will be offered free shuttle buses.

Approximate travel time

1h 33min:

- 9⁰⁵ Ski complex
- 9²⁰ Vityaz hotel
- 9³⁵ Syktyvkar hotel
- 9⁴⁵ Avalon, Palace hotels
- 9⁵⁰ Ugor hotel
- 10⁰⁵ Rucheyinaya st.
- 10¹⁰ Dimano hotel
- 10²⁰ Ski complex

- 19 Avalon
- 20 Palace Hotel
- 21 Syktyvkar Hotel
- 22 Yugor
- 23 Vityaz
- 24 Pelys
- 25 Pechora
- 26 Dinamo
- 27 Olympiets Hotel
- 28 Stroitel
- 29 Agricultural Academy Hostel
- 30 Yunost
- 31 Syktyvkar State University Hotel
- 32 Kanan





Finno-Ugric Ethnocultural Park

The [Finno-Ugric Ethnic and Cultural Park](http://www.ethnoupark-rk.ru/) is located in a picturesque place at the village of Yb, just 40 kilometers away from the ski stadium. The park will take you on an excursion exploring life and tradition of the Komi people and will give you an insight into the culture of other Finno-Ugric peoples.



<http://www.ethnoupark-rk.ru/>

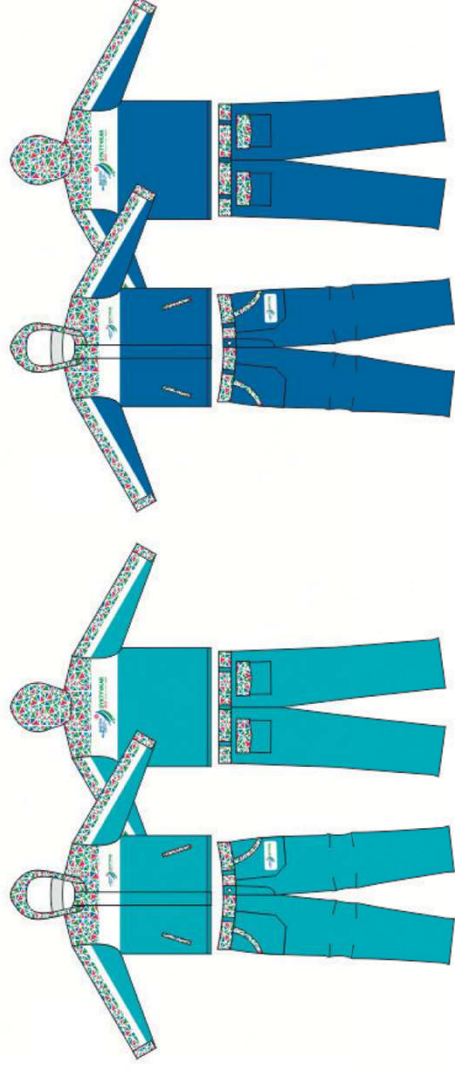


LYAMPIADA

During MWC 2015 there will be Republican ski festival on lyampas, hunting and cross-country skiing "LYAMPIADA". This event will be held in Kortkeross region (50 km away from Syktyvkar).

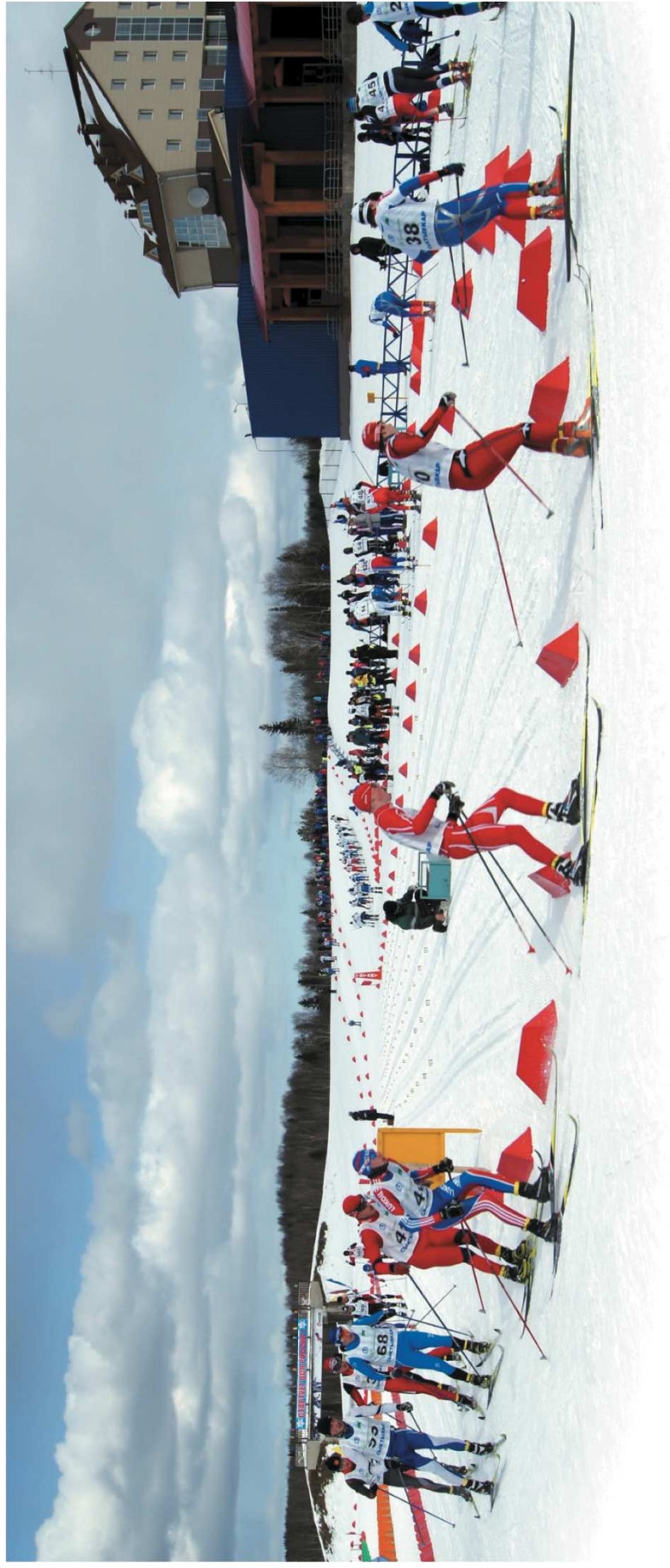
Lyampas - wide hunting skis, padded with deer or elk skin, lyzi like lyampas only without padding. Neither the one nor the other does not have mechanical fasteners, special footwear is also not provided, valenki (milled boots) and pimyy (boots from deer) are attached to skis. One of the obligatory conditions for participation in the race on lyampas is the presence of koybed – stick with which the hunter checks in snowdrifts for snares and traps. Lyz and Lyampa must be exclusively made from natural materials.





MWC 2015 Medals





Thank you for attention
and see you in Syktyvkar!